

# Processing Methods

**Open Forum** - With the whole group, provide a statement about the activity that will hopefully prompt members of the group to volunteer their perceptions.

**Rounds** - Every member of the group is asked to respond (however, it is always "Challenge by Choice").

**Word or Phrase** - Each member provides one word or phrase describing how they felt about the activity.

**Rating/Number** - Each member provides a number rating (i.e.: rate from 1 to 10...) or word rating (i.e.: rate from hard to easy, or red yellow or green...) that describes some aspect of the process just completed such as how they felt, how hard it was physically, cognitively, or emotionally, etc.

**Journal Writing** - allow free write, or ask them to write to a prompt.

**Dyads/Triads/Small Groups** - Provide a set of questions for the group to discuss. Responses may be left in the group, recorded on paper, or a small group representative may share group responses with the larger whole group.

**Worksheets** - Ask individuals or groups to complete essay type questions, sentence completion items, ratings, etc.

**Drawing** - Provide drawing material and allow group members to draw a response to the activity. This may be kept to self, or shared with the group.

**Questioning** - Ask questions to which you would like participants to respond. This is often done using the "What, So What, Now What" format.

## "What? So What? Now What?"

This method involves a progression of low risk (to help students get started) to greater risk (to push the edge and really learn and generalize) questions generating class discussion.

I will very briefly explain the concept here (a more in depth description can be found in *Journey Toward the Caring Classroom* pgs 237-43:

- **What?** - low risk - ask students to just state the observable facts, once they are talking about the experience you can move to the - *did they see and hear what I wanted them to see and hear?*
- **So What?** - more risk - why did things happen the way they did, what was the meaning of this, then comes the leap into the - *do they really understand the concepts taught?*
- **Now What?** - greater risk - what does this mean for the future, how are you going to use what you have learned